

Specialist residential service with nursing for adults with learning disabilities

Hollyhurst, Darlington

Placements available now accepting referrals

Hollyhurst is a specialist residential service with nursing, supporting individuals with learning disabilities and complex needs in Darlington, County Durham. The nurse-led team support individuals who have additional mental or physical health needs and behaviours that may challenge.

Depending on the individual's level of need, we provide different levels of support within 3 areas:

18 beds in the main house - there are a number of living areas including a quiet lounge and two large communal lounges. In addition the service has a resident's café, life skills kitchen, IT room as well as a relaxation room. Everyone has their own bedroom, some of which are en-suite, which they are encouraged to decorate and personalise to suit their own personal style.

2 single occupancy flats – these 2 bespoke flats provide individuals with more complex support needs in their own space to live more independently with staff support. One of the flats is located on the first floor of the main building, whereas the 2nd flat has its own front door in an annexe to the main house.



Mixed Gender



18+ years



22 beds in 4 living areas

Hollyhurst Lodge – within the grounds, this 2 bedroom bungalow is a bespoke self-contained service delivering 24 hour support for two individuals. This service was specially designed in partnership with local commissioners and community teams to provide personalised support for two adults with complex needs.



Our service at a glance

Hollyhurst is a detached period property set in its own private gardens which is accessed by a private tree-lined driveway. Located in the town of Darlington, the residents have access to a great range of recreational and leisure facilities as well as being just a short drive away from some beautiful County Durham countryside.

Hollyhurst has a dedicated activity coordinator who supports residents to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable individuals to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Hollyhurst for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team can offer specialist input based on individual need to deliver flexible and effective support.



Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs
- > May have physical health needs

Extensive links with local community facilities

for people with learning disabilities including; performing arts, vocational colleges and volunteering opportunities



Consistently
100%

of individuals achieve
over 25 hours of
activities each week



Person-centred recruitment process

residents are involved in the
interview process of new staff



On-site Multi-Disciplinary Team (MDT)

consisting of
nurses, occupational therapy,
speech and language therapy,
psychology and psychiatry



4 gardens providing space

for individuals to
grow their own vegetables,
play sports or relax with
friends and family



Easy read and other accessible information available to residents

and other
accessible
information
available
to residents



3 individuals
are supported on
the therapeutic
earning scheme



"Great residential home. My uncle has lived here a number of years and is very happy. Staff can't do enough for my uncle and go above and beyond for the family." **Family member**

Host regular parties for
families and individuals
from other local Cygnet learning
disabilities services



Our facilities:

- > Multiple lounges
- > Spacious dining room
- > 4 gardens with seating, allotment, greenhouse and football pitch
- > Relaxation room
- > Café area
- > Bespoke accommodation for individuals with more complex support needs
- > Life skills kitchen

Our community links:

- > Shops and restaurants
- > Swimming pools and leisure centres
- > Vocational opportunities
- > Community facilities specialising for individuals with learning disabilities
- > Great transport links

Where are we?

Hollyhurst

118 Woodland Road, Darlington,
County Durham, DL3 9LN

Phone number
01325 252002



CYG-765 | Date of Preparation: 18/10/22

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