We are looking for a professional, ambitious & confident **Physical Health Lead to work in**, our Female **Mental Health Rehabilitation** Hospital.

**Cygnet Alders is a small 20 bedded hospital located in Gloucester and we are** looking for a Physical Health Lead to support excellence in ensuring our service users have comprehensive and holistic care. You will lead in providing training and development of our team in delivering high quality physical health care and run clinics to ensure physical health monitoring is carried out in line with NICE guidelines.

At Cygnet, our staff benefits go way beyond pension schemes and excellent professional development. You’ll benefit from the Blue Light Card and Health Service discount schemes which attract great shopping, travel and leisure discounts. Additional staff wellbeing benefits are provided to increase job satisfaction and a good work life balance. If you’re passionate about what you do, we want to talk to you!

**Job Summary:**

The Post Holder will be responsible for monitoring the physical health care of patients within Cygnet Alders Hospital and putting in processes to provide assurance that the teams are delivering safe and supportive physical healthcare for the patients. Regular oversight of audits and robust documentation such as physical health assessment, monitoring and care planning.

You will work closely with the Senior Management Team to assist with innovation and the development of best practice in physical healthcare for the benefit of Cygnet Alders patients.

* Co-ordinate the Blood Clinic on a weekly basis inc. Clozapine and Lithium monitoring.
* Liaise with relevant health professionals e.g. dietician, optician, chiropodist, continence nurse, dentist, Tissue viability nurse, Continence team, Community diabetes specialist team, etc.
* Closely monitor patient health issues such as obesity, hypertension, diabetes, epilepsy, asthma, COPD, UTI’s, minor injuries and illnesses.
* Six monthly and annual health review of all patients.
* Carry out Metabolic Syndrome monitoring.
* Wound and catheter management and antibiotic monitoring.
* Routine ECG’s as prescribed by Doctors
* Liaising with the visiting GP for routine reviews including annual chronic health reviews and acute physical health concerns.
* Liaising with the pharmacist and G.P. in relation to physical health medication.
* Develop health promotion and education groups / provide information to patients and staff including healthy living groups, smoking cessation, and help develop physical health educational training where necessary.
* Run vaccination clinics for patients (and staff).
* Assume the role of infection prevention control lead.

**You are…**

* Open, compassionate, honest & resilient
* Experienced RGN with a current Pin number
* Capable to promote and ensure the good reputation of and act as a role model demonstrating a positive attitude towards patients, their families’ visitors and others.
* Aware of the Mental Health Act 1983 & have an understanding of latest nursing practices
* Focused on patient recovery to monitor, manage & reduce risk
* Helping to empower & support all staff and promote service user independence.

**Why Cygnet? We’ll offer you…**

* Strong career progression opportunities within the region, including into management roles
* RCNi membership
* Monthly reflective practice, support with revalidation & CPD opportunities
* Expert clinical supervision & peer support
* Employee referral scheme
* Pension scheme
* “Cycle to Work” scheme & employee discount savings.

**Please note:**successful candidates will be required to undergo an enhanced DBS check.

**Cygnet Health Care** has been providing a national network of high quality specialist mental health services for more than 30 years.

**What next?**

If you care about making a difference – we want to talk to you.

**Click the button to apply.**